

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Shelby County**

	County Prevalence (%)*	Northeast Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	26.8 H	20.7	16.9
No Health Coverage	15.7	15.4	12.3
B ehavioral Risk Factors			
Physical Inactivity	30.9	25.2	23.0
Current Smoker	25.3	28.2	26.5
Overweight (BMI 25-29.9)	32.7	34.9	35.3
Obese (BMI ≥ 30)	23.9	25.7	23.4
D isease and Conditions			
High Blood Pressure	29.3	29.0	28.5
High Cholesterol (35 years or older)	27.6L	39.1	37.3
Asthma	14.2	10.4	10.7
Diabetes	8.9	6.3	7.2
Activity Limitation	21.6	17.8	17.8
C ancer Screening			
Women			
Never had a Mammogram	20.6	17.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	62.9	59.8	49.4
50-64 years of age	47.9	44.1	35.9
65 and older	56.8	57.5	47.4
Never had a Pap Test:			
18-69 years of age	4.3	5.6	5.1
70 and older	13.3	12.6 H	6.4
No Pap Test in Last Year (18-29)	18.4	23.8	25.8
No Pap Test in Last 3 Years (30-69)	23.7	19.0	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	50.0	64.5	57.0
No Blood Stool Test in Last Year	71.9	84.9 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	42.8	60.8 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	48.3	68.5 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Shelby county were obtained by combining data from Shelby and Monroe counties.